SARTORIA



THE RESURGENCE OF SHAGS



FALL 23 STAFF

Britney Spangenberg- Editor in Chief

Mindy Welland- Artistic Director Mikayla Buneta- Director of Graphic Design Natalia Cordero- Director of Social Media Vivian Rodriguez- Director of Events Zachary O'Dell- Treasurer

Eleanor Wynne- Lead Copy Editor Ashlyn Sorrells- Copy Editor Elisa Peters- Copy Editor Liz Garcia- Copy Editor



Ellie Edwards **Emily Mettlach** Georgia Horsch Hadley Berry Hal Lueking Halle Kory Hallie Osborn Ian Street Jake Moreland Janette Beckner Jase Vorel JD Downing Jocelyn Samatmanivong Jona Harders Josie Anderson Kadence Schaecher Kaitlyn Patton Khristin Guardado Koli Croy Kya Wilson Lauren Falk Lilly Templeton Lily Elcan



Madi Brady Mana Kanda Marisa Keller Marko Sanchez Mavis Parks Mollie Williams Molly Pritchett Molly Whitchurch Nakaja Weaver Natalie Kallen Olivia Shipley Parker Buzbee Rachael Mueller Reyna Meyer Rishita Nannapaneni Roxanne Beeson Sarah Harbaugh Sierra Ball Sophia Farnan Sophia Lins **Taylor Coble** Yuna Nakamura

CONTENTS

Creating a Fashion Runway Collection
Guide to Elevating Holiday Outfits
Rama Thai's New Sister: Thai Square
The Science of Perfume
Mixing Metals: Gold Vs Silver
Embracing Your Side Profile
Unreal Unearth- Hozier Album Dissection
The Unspoken Story of Sofia Coppola's Priscilla
Incoming Makeup Trends in 2024
A Women's Rage
The Resurgence of Shags
Atelier Expression; Disconnecting
The Mesh Manual

Fashion & Football
Romanticizing the Winter
Chappell Roan: A Midwest Princess Style Guide
Ageless Beauty
Scott Pilgrim Vs. The World
The Decline in Concert Etiquette
Relics Antique Mall: Making the Old New Again
Yoga & Pilates
Purple Haze: The Persuasive Impact of Purple
The Long-lasting Timeline of Lace
Between the East and West: Makeup Trends
Glam Rock: Now and Then

LETTER FROM THE EDITOR

It is my honor to be able to bring my member's boundless creativity to you, the reader, in our 5th edition of our semesterly zine. Sartorial Magazine is 83 members strong and it has been amazing to be able to work with everyone and experience everyone's boundless creativity. We have been able to forge a community and collaborate with countless other organizations this semester- giving our members a sense of belonging, and work that they can look back on and be proud of. Sartorial will always be a place for any Missouri State student to become a part of our creative community and explore any and all of their interests outside of the classroom.

It has been such an amazing experience to lead Sartorial this semester and I am looking forward to what next semester can bring. Of course this semester has had its ups and its

downs, but I am so profoundly proud of each and every one of my members that has been able to find a home away from home in our little (not so little anymore) community. I hope to continue to facilitate such a creative space for my fellow students here at Missouri State University.

This zine is an accumulation of each of our member's interests and does not follow a particular theme. I did not select a theme as I wanted every member of Sartorial to explore their creativity and interests without any restrictions. We explore topics like upcoming 2024 makeup trends, amazing local business in Springfield, how to incorporate mesh into your wardrobe, and much much more. I hope that this presentation of our hard work brings you happiness, knowledge, and awe of each and every one of our members. Please read and enjoy!



Britney Spangenberg Editor in Chief

Creating a Fashion Runway Collection



Written by Britney Spangenberg
Models Provided by Develop Model Management
Modeled by Madi Haes, Keziah Slinkard, Alyna Chadwhick, Liz Kopetzky, Tabitha Hogeuison, Riley
Blankenship, Rose Deng, Hailey Van Horn, and Maura Tichota
Photographed by Heather and Jameson Photography and Britney Spangenberg

I recently had the honor of presenting my second fashion collection as the headlining designer for Omaha Fashion Week's Fauna Designer Showcase this past fall/winter 23/24 season. This past season, I created a nine-look collection inspired by woven elements and modularity. Single-handedly creating a fashion collection is a big hurdle, especially as an undergraduate fashion design student. There is a lot to organize and create, and because I had only just finished my junior year here at MSU. I did not have much time to produce the collection. Since so much goes into a fashion week other than creating the garments, I wanted to shed light on all the aspects of building a runway-ready fashion collection as a low-income college student.



Timeline:

Timing is key to the success of any large project and a nine-look fashion collection is certainly a looming task. This collection required me to be on top of a self-imposed schedule and manage my time and tasks efficiently. It is also important to note that I wasn't able to start working on this collection until after the spring semester had ended. The show was during the first week of the following semester—giving me about three months to produce nine looks with 36 individual garments.

I started out by creating the idea and sketching. This process took several weeks, but I made sure to have my ideas finalized by May 20th to ensure I was ready to immediately jump into production after the spring semester ended. After sketching, it was time to detail the technical aspects of each garment (closures, how to finish hems and seams, etc.) Once I figured out how I was going to technically construct each piece, I chose fabrics, colors, and textiles that would be necessary to create the collection. The sourcing of these fabrics was time consuming because I needed consistency within the shades of each fabric type—I was unable to secure that for all fabric types I needed. This led to me deciding to take the more expensive route and get custom colors printed through Spoonflower,

a site that allows you to print your own designs on fabric or a variety of other household items. However, this decision greatly pushed back my anticipated production timeline. Knowing that I would not be receiving my final fabrics until about a month into my production time forced me to create a strict schedule of patterning and prototyping my garments so that I was ready to hit the ground running when the fabric arrived.



After purchasing my fabrics and other necessary materials (and crying at the amount that left my bank account), I threw myself headfirst into patterning and prototyping my collection. I had to strategically choose which garments to work on. I decided to work on the woven parts of my collection first (as I needed the knit fabric to arrive before I could accurately pattern for its particular stretch

factor) and because I did not have my model's measurements yet, I needed to focus on loose-fitting garments that were adjustable. In the model selection process, designers got to choose from the model pool on June 9th, and I received my final model selection on June 19th. This meant that I had an entire month of work time where I would not have final fabrics or final measurements. I spent that month draping, patterning base garments, and brainstorming ways to add adjustability and modularity to my collection.



After my final fabrics arrived and I received my finalized model lineup, it was time to get serious and start production of the final garments. I made some calculations to create a schedule that would keep me focused. I had 36 garments to make in nine weeks which meant I would have to complete four garments a week to stay on top of schedule. If you have ever made your own pattern work, prototyped it, and then produced it, you know that it can take a while. Four garments a week was a lofty goal one that I couldn't physically achieve. I was working on this collection seven days a week for about 12 hours a day and was still unable to produce four well-made garments each week. Even without being able to follow my

paced out timeline, I was in the studio chipping away at the collection with all I had until August 7th, which was when I traveled to Omaha to do model fittings and production details.



By the time August 7th rolled around, I was far from being finished with all 36 garments. Closer to the fittings, I started strategically picking garments that I knew would fit, and saved them for the three weeks after. I also stopped finishing garments completely and just made sure I had base garments to fit models into. This was also the time where I had to concern myself with accessories, hair, and shoes for my models so that I could order everything I needed and have it arrive on time, as we were shooting promotional content the same day as the fittings. As a headlining designer, I did not complete this step, but other designers can expect to meet with the panel and discuss their collection and its completion that same day as well. The fittings went well—only having to edit two garments—and when I got back to Springfield, I went straight back into production mode. I worked 24/7 up until I had to leave for Omaha on August 24th, the day before the show. That week was full of panicked sewing, attending classes, and worrying about not being able to sew while I was in class. I finished all the machine sewing for

my collection two hours before I left for Omaha. I then hand-sewed my corset's bustier cups during the car ride up there (each bustier cup took over 6 hours—which is the entire drive to Omaha from Springfield) and finished them in the hotel room. I also had one particular skirt that was not laying right and I knew I was running out of time. However, I knew it would bug me forever, so with the help of close friends, I tore apart the entire skirt and re-sewed it the night before I left for Omaha. My friends seamripped it apart for me while I was sewing another piece and later while I was leading my first executive meeting as Editor in Chief for Sartorial Magazine. I finished sewing the skirt back together after I finished leading my first general meeting for Sartorial during the one hour the building was open after the meeting. It was the most stressful sewing I have ever done in my entire life.



Show Production:

A lot goes into producing a show like Omaha Fashion Week, so I will only focus on the parts that I organized as a presenting designer. The biggest production detail that designers choose is the model selection. Omaha Fashion Week holds an open casting call every season and they take measurements, photos, and videos of the runway walk for every model

that comes to the open casting call. They then place that information into a dropbox for the designers for model selection—this usually ends up yielding around 300 models. As the designer, you go through all 300 applicants and select your favorites based on the measurements you need, aesthetic of your collection, quality of their runway walk, and your past experience with them. As this was my second collection at Omaha, I reached out to my past models and requested their casting number so I could re-cast them. The selection process works by ranking your top 30 choices of models in order of importance. Alyssa Dilts, the head of Develop Model Management, who is partnered with Omaha Fashion Week goes through and selects models for all designers based on rankings. For example, if I were to rank model #154 as my top choice and another designer ranked the same model as their third choice. I would receive model #154. This is why even if I only need 9 models, I rank 30 in total, to give Alyssa choices to work with. When I was selecting my models, the measurements were the biggest factor for me. As a fashion student who worked alone on this collection, I only had myself and the dress forms that the Merchandising and Fashion Design program provides to test the fit of my garments. I only had one fitting just three weeks before the show, which meant I needed to be 100% confident in the fit of my garments. Considering these factors, I needed to cast models with measurements close to my own.



Other production details that I went over with Omaha Fashion Week professionals was hair and makeup with the Omaha Fashion Week Beauty Alliance led by the SOHO Hair Academy. I provided mood and inspiration boards, and a lead stylist talked over my choices with me to solve any problems to ensure the looks could be completed within the time frame before the show. They also discussed what extra hair accessories or makeup I would need to purchase to make my desired looks possible. I also went over lighting, music selection, and imaging on the LED screen backdrop to create an entire atmosphere for my collection. Omaha Fashion week works with professionals in all fields and they were all able to assist me in choosing what would work best for my collection and show production.



Financials:

Creating a fashion collection is not a cheap endeavor, and as a broke college student, I was scrambling to come up with the money, especially with the amount of time I needed to work on the garments. I had to go on Academic Leave from my job for the three months I was working on this collection. I found out I would be returning to Omaha in the fall after my first collection shortly after I was announced the Emerging Designer Golden Shears Winner for the Fall/ Winter 22/23 season. The minute I knew I was returning, I started saving. I worked every day possible, I pinched pennies, and I applied for scholarships upon scholarships. I was able to

save a large sum of money in order to fund my collection, and I am sure the numbers will give some of you sticker shock.



In total, I spent right around \$4,000 on this collection. I spent \$2,481.36 on fabric alone. Let me break down the fabric cost: I fully lined all of my garments so they were produced to a higher quality. This essentially doubles the amount of fabric I need to have. All the woven elements in my collection were made by cutting strips and weaving them, greatly increasing the amount of fabric I would need. All of my fabrics were custom printed colors (custom is always higher than off-the-rack.) Plus, I had a mishap with my dark purple colorway through Spoonflower—it arrived looking gray and I had to scrap all my purchased dark purple fabric and repurchase offthe-rack black fabrics from surrounding fabric stores last minute. The remaining sum of money was spent on accessories, shoes, sewing notions, a coverstitch machine, business cards. hang tags, and professional photo and video packages. I did not include my hotel or travel costs in this amount, as I don't really want to think about how expensive it was to stay in Omaha for just four days.

Now, I want to make one thing very clear: you can create a collection at a much lower price point if you make just a few key decisions. You can buy cheaper fabrics like quilting cotton or only purchasing fabrics from cheaper deadstock stores like FM Stores in Springfield, have your models bring their own shoes, decide not to provide extras for styling like jewelry or hair accessories, not fully line all your garments, and make less elaborate and/or layered looks. My collection was more expensive because I had a very specific and intricate vision, and I worked my butt off to make it exactly how I envisioned it, even down to the inside of the garment.

The financials are not all negative. I attended an event after the show called Shop the Runway Sunday. At this event, I had my entire collection available to purchase, and I was able to make a little over \$750. I then sold some garments to customers outside of the event and made about \$400 more. I only sold 5 garments in total—my fashion professor made sure I priced garments for what they were worth before I traveled to Omaha. Most of the collection is still up for sale and can be purchased by contacting me at nightcire.arts@gmail.com.

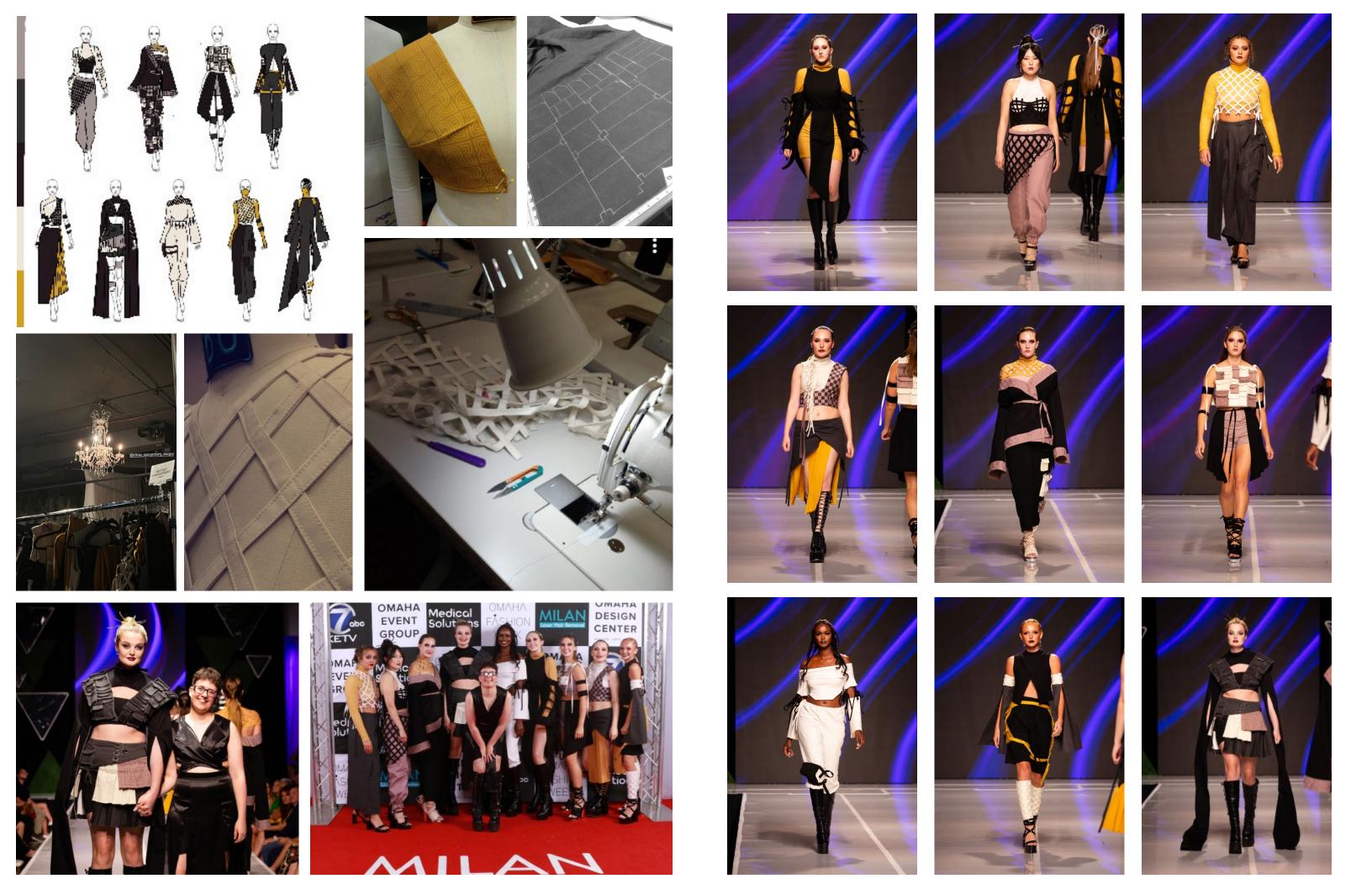
Overall, headlining for this past fall season of Omaha Fashion Week was one of the most fulfilling and exciting experiences I have had in my career so far, and I loved being in the atmosphere with all the amazing people that make Omaha Fashion Week happen! Even through all the late nights, fabric mishaps, models calling out two hours before the show, and my fingers being in pain during and for

weeks afterward, I wouldn't change a thing about it. I was able to go all out and create a showstopping collection that I will be proud of for the rest of my life. I encourage other design students to follow your passions, but to be realistic. Think over the timing, the financials, and whatever else might be a part of your life before you commit to a decision as big as creating a collection for the runway. It was an amazing experience, but as my friends can attest, they did not see me for the entirety of that summer as I did little else other than live and breathe the collection. Doing it in between semesters has left me drained and burnt out as I never got that greatly-needed break. If the timing, financials, and life situation all align, then don't hesitate to chase your dreams.











A Guide to Flevating Holiday Outfits

Written by Halle Kory Modeled by Halle Kory, Liz Garcia, and Mana Kanda Photographed by Britney Spangenberg

As the temperature drops and the holidays draw near, navigating the world of seasonal parties and events transforms into an art of its own. The first thought after receiving an invitation is, "What should I wear?" Or, perhaps more significantly, "How can I transition my existing wardrobe into an outfit that exudes the spirit of the holidays?" To help solve this age-old question, here are three ways to elevate your holiday outfits this season.

Bows

Bows, bows, and more bows! Incorporating bows is the simplest and trendiest way to infuse a sense of uniqueness into your outfit. I'm not simply suggesting adding a basic hair bow- to fully get into the spirit of the season, we need to take it one step further. Sandy Liang, master of bows, knows how to take this accessory to the next level. Sandy Liang started her eponymous New York fashion brand to draw inspiration from nostalgia, the experiences of girlhood, and the influence of grandmothers in Chinatown. For Liang, bows symbolize childhood, and she incorporates that nostalgic sentiment into her creations. In her Fall 2023 presentation, models' hair were adorned plentifully with mini

bows cascading from their roots to their ends, adeptly capturing Liang's beloved sense of nostalgia and girlhood. Achieving this look is easily done at home with just a few steps. I replicated this style by taking around 25 mini bows and attaching them to mini alligator clips. From there, all that remains is to place them in your hair!

Patterned and Colored Tights

Tights are one of the simplest ways to change the entire personality of an outfit. They have the power to inject life into an otherwise ordinary ensemble. While many stick to black or nude tights, why not venture into the world of patterned and brightly colored tights? One of my favorite choices for the holiday season is wearing bright reds! Sporting bright red tights complements a wider range of outfits than one might envision. Its bold hue stands out strikingly against blacks and whites, contrasts well with greens and blues, and seamlessly integrates into monotone outfits for those who adore all things red. Up next, patterned tights! The array of patterns available for tights is vast. My top choices include cable knit sweater tights, polka dot tights, and flocked tights that add texture and vibrancy to any outfit. A simple

method to create your own patterned tights is to repurpose leftover bows from the oh-so beautiful Sandy Liang hair and sew them onto a pair of tights alongside pearls for a girly, and dare I say dreamy, D.I.Y! I opted for white tights with matching bows and pearls to create a monotone outfit that makes one feel as if they are in a winter wonderland themselves.

Dreamy Pastels

As winter approaches, individuals often stow away their pastels, leaning towards darker, moodier tones and neutrals. Yet, in my view, pastels are exceptionally well-suited for winter, infusing a light and refreshing mood into the season. My favorites include pastel pinks, blues, greens, and purples. While reminiscent of the classic holiday colors such as red, navy, dark green, and deep purple, these tones introduce a sense of brightness into what can be an otherwise cold and dreary season.

The most effortless way to do this is through wardrobe staples like sweaters and outerwear. Perfectly illustrating the infusion of pastels into everyday essentials is the Bow Puffer Jacket from My Mum Made It. This pastel pink puffer jacket is adorned with delicate bows along the sleeves, collar, front, and back. This look would be quite simple to replicate by finding a pastel jacket and sewing monotone bows all around.

Now equipped for any holiday invitation that comes your way, the initial question shifts from, "What should I wear?" to "How soon can I wear this?" By incorporating these three simple ways to elevate your holiday outfits comes an endless rotation of ways to capture the spirit of the season.



Rama Thai's New Sister: Thai Square

Written by Parker Buzbee

Photographed by Mindy Welland

We all know and love the famous Rama Thai restaurant for their delicious Thai cuisine that has been leaving customers happy and satisfied for over 8 years. What you might not know is that Rama Thai has officially opened the doors to their new sister restaurant: Thai Square.

Located on 307 S National Ave, Thai Square resides in a historic Springfield house and is sure to make all customers instantly feel at home with their comforting dishes, amazing customer service, and warm ambience. So, what sets these two restaurants apart you may ask? Authenticity. Rama Thai is known for Thailand's most popular dishes such as Pad Thai, Three Taste Chicken, and Yellow Curry, but Thai Square prides themselves on the authenticity of their menu. Owner Nadda Gamel explained that her inspiration stemmed from wanting to show Springfield what authentic Thai street food looked like, but with an already extensive menu at Rama Thai, she had the idea to open an entirely new restaurant.

Thai Square offers a "taste of Thai" with highly recommended dishes such as creamy, peppery "Panang Curry" (pictured first), their new, refreshing pork salad special "Nam Tok Moo" (pictured second), and their famous "Egg Wrap Pad Thai" (pictured third). Let's not forget about their de-

licious thai teas that come in a variety of flavors such as matcha, coffee, or classic tea. While some of Thai Square's menu items may look a bit familiar, every dish has a traditional Thai twist. Whether its a twist on fried rice with the" Thai Square Fried Rice" having turkey berry and traditional Thai green sauce or the egg wrapped twist on their "Egg Wrap Pad Thai"—you are sure to have a different experience when dining in or carrying out. With their large menu, flavorful food, and vegan or vegetarian options, everyone is sure to find their favorite dish at Thai Square.











The Science of Perfume

Decoding the Composition and Structure of Fragrances

Written by Alanna Hollins Modeled by Daisy McDonald, Ian Street, Khristin Guardado, Emily Mettlach, Alayna Love, and Alanna Hollins Photographed by Kya Wilson

Successful luxury brands and entrepreneurs like Coco Chanel and Tom Ford have concocted ways to create their best-selling perfumes. Fragrances and perfumes are what provoke one's confidence, memory, and even their lifestyle. Perfume combines complex elements to develop alluring scents, enhancing any lifestyle.

What is Perfume and fragrance? Perfume is a liquid combination of fragrances that radiates a pleasant scent. Fragrances are extracted from essential oils that come from plants, spices, or man-made compounds. There are five different types of perfume based on the level of concentration of the aromatic compound. There are three types of perfume that most common consumers purchase: Eau de parfum/parfum de toilette: 15-20% fragrance concentration, cheaper than parfum, lasts 4-5 hours. Eau de toilette: 5-15% fragrance concentration, lasts 2-3 hours. Eau de cologne: 2-4% fragrance concentration, lighter formulation, primarily used for males as an aftershave or splash-on fragrance, lasts about 2 hours.

The different levels of concentration help create an ideal product for companies to develop and deliver to specific demographics of their consumers solely based on the strength of the fragrance. Perfume is nothing new, but it has evolved. The invention has been around since the Mesopotamia era and since then, the idea

of modern fragrances has emerged into what we know today. At that pivotal moment, the industry's course was forever altered as Coco Chanel unveiled her revolutionary perfume, Chanel No. 5, by spritzing it at an outdoor gathering. The captivating scent stirred such intrigue that every woman present sought to obtain it, thus solidifying Chanel's profound influence in the world of fragrance for years to come. Chanel No. 5 was a popular hit because of the fresh and clean scent that came from manmade compounds, which was the first perfume ever made with those compounds.



The Fragrance Pyramid

The fragrance pyramid is the layers of scent combinations, often referred to as an accord, that make up the final perfume fragrance. A fragrance note is an individual scent, such as vanilla, that is put into one of the pyramid layers and is divided into three categories: top notes, middle or heart notes, and base notes. According to perfume enthusiast Leanna Serras, the lightest and most volatile scents,

such as citrus or floral notes, are commonly found in top notes. In contrast, middle notes, which often consist of spices or fruity scents, have a more intricate composition and are responsible for giving a fragrance its unique character. Lastly, base notes, characterized by heavy and long-lasting scents like woody or musky aromas, conclude the overall fragrance experience. Carefully selecting fragrance notes is crucial to perfume makers, for they want to sell an item that will bring forth emotions or memories, one's lifestyle, and pleasant smells. Fragrance notes not only determine the longevity of the scents but also determine the personality of each scent used. The middle notes are the ones most people remember because the middle note is known to give fragrance character. For instance, florals are common finds within the heart notes and floral notes are associated with people who are friendly and down-to-earth. Personality fragrances typically correlate to a person's lifestyle and preferred scent profile.





The Fragrance Wheel

The fragrance wheel represents the various scent families and subfamilies in a circular diagram. It organizes scents according to their resemblances and distinctions, showcasing their interconnectedness. Micheal Edwards created the idea to help retailers suggest different perfume scents and products to customers more skillfully. There are four primary categories of scent families: Floral, Oriental, Woody, and Fresh, each comprising various subfamilies. Each scent family possesses its unique characteristics, and it is not uncommon for individuals to have a preference for one scent family over the others. Knowing your preferred scent family can be beneficial when embarking on a fragrance-shopping adventure. Although most products lack explicit labels indicating their scent family, it is possible to identify the perfume ingredients that contribute to the fragrance. The floral scent family is popular in both women's and men's fragrances, with subfamilies like floral, fruity, soft floral, and floral oriental. The oriental fragrance family includes luxurious scents with elements of herbs, spices, and powdery resin notes, and has subfamilies like soft oriental, oriental, and wood. Woody fragrances are rich and warm, with subfamilies of woods, mossy woods, and dry woods. Fresh

fragrances are invigorating and clean, with subfamilies like aromatic, citrus, green, and water. The fragrance wheel can be used to create the best scent combination by using it like a color wheel. Subfamilies adjacent to the wheel blend well together, while complementary scents can be found by choosing a subfamily and identifying the note directly opposite to it on the wheel. For example, citrus notes complement soft oriental fragrances, while water scents complement oriental fragrances.



Fragrance Notes that Harmonize

Now that we have a basic understanding of the fragrance wheel and pyramid, let's look at how companies put these ideas into a product. This is a list solely based on the best-selling perfumes for both women and men:

Dolce & Gabbana Light Blue for Women: inspired by aquatic scents with a Mediterranean style. Top notes: Sicilian Lemon, Apple, and Bellflower (citrus fruits and light florals)

Middle notes: Bamboo, Jasmine, and White Rose (florals)

Base notes: Cedar, Musk, and Amber (scents filled with richness)

Polo Red by Ralph Lauren: A fragrance with bold fruit accords balanced by spicy woodiness.

Top Notes: cranberry, grapefruit, Italian lemon (fruits and citruses)

Heart Notes: saffron, sage (herbs and spice)

Base Notes: wood, amber, coffee

(spice and wood).

This is a simple but ideal list of types of fragrance/scent notes that go into the fragrance pyramid and how they create beautiful combinations to make the best-selling perfumes on the market.

Fragrance is the creation of alluring scents through the combination of elements such as fragrance notes and scent families that can elevate and complement various lifestyles. Perfume is a way for people to express themselves to others without truly thinking about it. Understanding the deeper meaning of what fragrance notes go into these products can help show a greater appreciation for not only perfume but also the connections you can create based on scent.





Everyone's heard the silver vs. gold argument—the fight between which is superior or which suits your complexion more. Everyone has different opinions on what they think looks best on them or other people. These opinions on what metal looks best have been strong and many are vocal about which is better. Accessorizing is the perfect way to amplify what you are wearing: so what's the deal? Is silver or gold better? Is it okay to mix metals? I'm here to give you a guide to styling silver and gold jewelry and the amazing contrast they can add to a look.

Because gold is a precious metal, wealth has been associated with gold since the early ages, and was first used in ancient Egypt. The Egyptians used it for jewelry, dishes, and decor. Gold's value comes from the fact that it is very durable and one of the few metals that does not tarnish. Not only that, but gold comes in 3 different variations: yellow gold, white gold, and rose gold. Gold is also very popular in street wear fashion. From the early 90s, gold watches, chains,

and hoops were popularized by many prominent hip hop artists. Gold jewelry typically pairs best with warm undertones. If you're not sure what undertones you have, check your veins— greenish veins indicate warm undertones.

Silver was first found in modern day Turkey and was used in a plethora of ways. The Turkish would use silver as jewelry, figurines, and other accessories. Silver jewelry is typically associated with cooler undertones. If you have blue/purple veins, you are a person with cool undertones! Since gold tends to be held at a higher value, silver jewelry is typically cheaper. Real silver is stronger than gold making it less susceptible to damage. It can easily be polished-keeping it shiny for months. Real silver is soft, but mixing copper in creates what we know as "sterling silver" – which strengthens the metal. Sterling silver also comes in different colors such as black or white. Black silver, oftentimes known as oxidized silver, is just silver run through a specific chemical process. Argentium silver, or white silver, has a higher purity than sterling silver and is brighter. Black and white silver are good ways to spruce up your accessory game and can add contrast to an outfit.

For years, the fight between silver and gold has been that one should never mix with the other. Well, I'm here to tell you quite the opposite. Mixing metals can actually enhance a look and make you stand out. Consider how many places you can wear jewelry; ears, face, neck, fingers, wrists, even ankles. With that many body parts, why would you not want to mix it up a little? Balancing the metals between each body part you wear them on can be a great way to pull together an outfit or even completely change the vibe of an one. From mixing gold and silver earrings to stacking sterling silver and rose gold necklaces, the different sheens of the metals can be very pleasing to the eye. The myth behind only wearing the same plated jewelry has gone on for too long. Mix it up a bit, experiment, and don't be afraid if you think it looks silly! That's the fun part about accessorizing—you can basically style it in any way you want.





















Embracing Your Side Profile

Written by Sophia Lins Modeled by Lily Templeton, Sophia Lins, Chris Pajda, Ashlee Finke, and Betty Sue Wiles Photographed by Hal Lueking









It seems like every other day a new TikTok trend appears, begging users to showcase and scrutinize their natural features. The most recent victim: side profiles. Whether its a filter that automatically generates an outline of your side profile, or one that gives you a cartoonish, large, hooked nose so you can breathe a sigh of relief when the filter comes off, an emphasis on tiny, ski-slope noses and "traditionally attractive" features is festering on certain sides of the internet. With that being said, it's no surprise a majority of us are insecure about the way our side profiles appear. Some might be insecure by the way our noses, chins, foreheads, jawlines, or any other feature look. Being self-conscious about a body part that some are willing to go under the knife for is nothing to be ashamed of, but it shouldn't be the default. We all should embrace what we have and be proud. We are all unique and beautiful in our own ways.

Gisele Bündchen, a Brazilian supermodel, has faced criticism for the way her nose looks. When Gisele started in the modeling industry, some said she wouldn't make it because of her nose, but she proved them wrong. Now, she is one of the most famous and best-paid models of all time. Even most supermodels, like Gisele Bündchen, don't have that cookie cutter face everyone thinks supermodels have. Having the perfect button nose or side profile should not define the way you view yourself. Beauty is becoming more diverse as features once viewed as 'ugly' are now considered beautiful.

There are many well known people who do not have a "perfect" side profile—Sophia Loren, an Italian actress from the 50s, is one of them. At the time, her management team wanted her to get her nose done since it was considered to be too long. Loren said in The Hollywood Reporter, "They were saying that my nose was too long and my mouth was too big." The cameraman would bother her by suggesting she should touch up her nose, but she refused, explaining she would never have work done on her face because she liked the way she looked.

Having that perfect side profile that social media praises should not be the basis of what we compare ourselves to. Beauty is within the beholder, and you should embrace what you have rather than being ashamed of it. You are beautiful in your own way and there is nothing to be insecure about despite society's unrealistic beauty standards. One way to help boost your confidence is to take pictures of your side profile and look at these photos. Try not to criticize yourself over a double chin or a long nose, because at the end of the day it's just you and your face. With that being said, it's normal to have those features and it's common among everyone. We hold ourselves to unrealistic standards because of social media's influence on what we think we should look like. We all have to learn to love and accept our side profile because we are made in a special way.

Another helpful tip is looking back at old family pictures of your grandparents or great-grandparents and analyzing their features—look at where you get your beauty from! Ignoring what social media considers as "beauty standards" is another helpful way to stay in touch with yourself. It's hard to embrace what you are insecure about, it's easier said than done. You may want to hide or cover up said insecurity, but there is nothing to be ashamed about. Body positivity is the new trend and being grateful for that fea-

ture that serves its purpose is a level of confidence. Don't hide or turn in a different direction to show the better side of your face, be comfortable with yourself. Remember to embrace what you have and love it!



Unreal Unearth: A Dissection of Hozier's Latest Album

Written by Madeleine Brady Modeled by Rachael Mueller, Kadence Schaecher, and Jona Harders Photos by Madeleine Brady and Reyna Meyer





In Andrew Hozier-Byrnes' third album, we journey through a poetic world that, though new to most, has been around for over 700 years. Unreal Unearth covers topics of love, loss, and imperialism with the sounds of gospel, folk music, and power ballads. After reading Dante's, Inferno in 2020, Hozier was inspired to transform the story into his most passionate, complex album yet.

To understand the meaning behind Unreal Unearth, we must first understand the meaning behind Dante's Inferno, the inspiration behind Unreal Unearth. Dante Alighieri was an Italian poet who lived from the late 1200s to the early 1300s. His most famous work, Inferno, is the first part in a trilogy of his fictional journey through hell, purgatory, and heaven, titled The Divine Comedy. In

the first part, Dante travels through the nine circles of hell, each of which represents a different sin. Although Dante's Inferno has received many critiques for its writing, it stands strong in its meaning, and as time has passed, many have found their own beauty and takeaways from Inferno. From horror movies like As Above So Below to cartoons like Over the Garden Wall, there have been countless adaptations of this story.

Hozier takes us through a world that has been interpreted numerous times, but in an eye-opening way that speaks to people through mediums that other renditions of Inferno haven't. Hozier began writing Unreal Unearth during the pandemic, a time when all felt lost and everyone was struggling to find purpose in an otherwise quiet world. Just like the rest of us, he found a way to process,

and combat, the world's newfound isolation. Hozier masterfully combines music and storytelling, along with these feelings, and the result is Unreal Unearth.

The first two tracks on the album, "De Selby (Part 1 & 2)", represent Dante's descent into hell and the listener's descent into the album. As part I fades into part 2, we are introduced to a heavier sound with bass and electric guitar. From there, we enter the first circle: Limbo. Hozier tells the story of the cycle of many relationships: beginning, middle, and end. He reflects on how most people would willingly forget good and bad times with their partners just to live through that euphoric feeling at the beginning of the relationship. How, despite the heartbreak at the end of a relationship, we choose to love again.

The theme of love carries on to the next two tracks on the album, which represent the second circle, lust. In Inferno, Dante describes this layer as a constant hurricane, where those who were lustful are eternally being swept away, the same way they were swept away by love/lust when they were alive. The third track, "Francesca", relates directly to Inferno, in which a character by the same name recounts her tragic tale of how she fell in love, but was eventually killed for doing so. At the end of her story, however, she says that she wouldn't change a thing because feeling that love was worth more than not knowing pain. Hozier writes from the mindset of Francesa, expressing how despite any heartbreak or sadness it may cause, he would do it all over again just to feel a love so deep. On a similar note, the next track, "I, Carrion (Icarian)" is about not being afraid to feel intensely for someone else, no matter how much it may hurt if things don't work out.

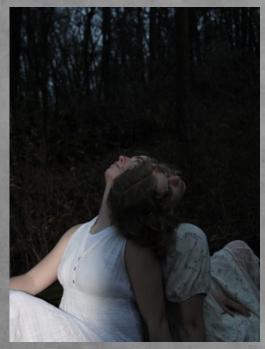
Hozier is well-known for his intelligent lyricism about love and heart-break, but he also doesn't shy away from political topics and the subject of human rights. There are multiple songs throughout Unreal Unearth that delve into these matters, such as "Eat Your Young" and "Damage Gets Done".

In an interview with Apple Music, Hozier states "I was more reflecting on what I felt now in this spirit of the times of perpetual short-term gain and long-term blindness [...] and a generation that's inheriting all of (societies issues) and one generation that's enjoyed the spoils of it."

Hozier also writes about how he, being Irish, has experienced colonialism. In the song "Butchered Tongue", he reflects on his experience growing up traveling to towns with foreign names and how when he would ask the locals what the names meant, nobody knew because the meaning had been stripped from them. This is Hozier's first album where he has used the Irish language, Gaelic, in his songs, and in doing so, he conveys feelings so meaningful that he can only speak in his native tongue.

Hozier returns to one of the original themes of the album, loving blindly, but loving still in the second to last track, "Unknown/Nth". Here, we have reached the ninth circle of hell, the circle of treachery. Hozier communicates the feeling of betrayal after loving and trusting someone, and the post-ache of being alone, not knowing if you'll ever be able to feel the same way again. Throughout Inferno, Dante laments about how he misses the sky and the stars. In the final track on the album, First Light, we learn to love again, just like how Dante emerges from hell and steps into the daylight. Hozier ends the album with a breath of fresh air through lyrics that remind us that in spite of the pain inflicted on us by lovers, the world, or ourselves, we always have the ability to continue loving.









The Unspoken Story in Sofia Coppola's Priscilla

Written by Liz Garcia

Sofia Coppola's Priscilla wastes no time introducing the famed Mrs. Presley. Her story begins as a wideeyed girl, donning dreary browns and pastel pinks, who has already visited Elvis Presley's Army home enough times to be daydreaming about him at school and even share a few kisses. A then fourteen-year-old stationed with her family in West Germany, Priscilla Beaulieu was oblivious to the changes a simple house visit to meet the King of Rock and Roll would make. Based on Priscilla Presley's 1985 memoir, Elvis and Me, Coppola's newest film starring Cailee Spaeny presents the inconspicuous Presley story, unveiling the allure and toxicity behind the great American couple. Chronicling the life of the forthright icon of winged liner and beehives, the intentional styling in Priscilla pushes the progression of the girl who fell in love with a man.

Jo-Ann MacNeil, makeup department head, Cliona Furey, hair department head, and Stacey Battat, head of the costume department, all worked in tandem to transform Spaeny into the 60s beauty legend. Together, the women meticulously planned looks according to the storyline and Coppola's vision for the film.

During the early embers of her relationship with Elvis, a doting, baby-faced Priscilla wears a girlish ponytail, bouncy bangs, and plaid skirts—all appropriate for an innocent school girl. After frivolously trying on dresses in the mirror, as any girl does before an important outing, she finally arrives at Elvis' home for the first time in a dreamy, pastel blue dress decorated with a bow. Several encounters and dates later, the dreamy blues are swapped for mature browns, simple ponytails fall into romantic, side swept styles, and flushed cheeks are blushed by pigment instead of love. Graced by the presence of the Memphis-based singer, Priscilla's once virginal appearance begins maturing at the sheer magnitude of his influence.





Elvis eventually returns to Memphis

to pick up his acting career, leaving behind a yearning Priscilla. Awestruck, she quickly loses interest in her subdued life, falling asleep in class and ignoring her homework to write him letters instead. A calendar year passes and a surprise phone call from Elvis inviting her to Graceland saves her from utter boredom. A few days into her trip, he suggests a getaway to Las Vegas. Immediately, Priscilla's brown hair gets bigger, the outfits grow more sophisticated, and a baby version of her soon-to-be signature cat eye is first introduced. "That scene was kind of her introduction into the lifestyle of Elvis Presley. It was the rock 'n' roll lifestyle. She was a simple girl with a simple style," MacNeil says in an interview with Harper's Bazaar. Partying in Sin City, Priscilla gets her first taste of Elvis's opulent lifestyle—if she's going to play a part, she needs to look it, too.

Solidifying their relationship, Priscilla moves to Mephis and into Graceland. She slowly assimilates to her new space, styling her hair in a classic beehive and emphasizing her winged liner—her look gradually grows bolder the more serious the relationship grows. Segueing into the classic makeover scene, Elvis takes her out shopping to match her new setting. As Priscilla tries on dresses, he strongly voices opinions on looks he disapproves of. He also comments on her makeup, or lack thereof, mentioning she should wear more eveliner and dye her hair black, nearly mimicking his own appearance; she nods obediently. Then, the real transformation begins: curled brown hair turns into a jet black dome, a thick cat eye is accompanied by an all-around rim of black liner, and a major wardrobe upgrade with unembellished, sophisticated outfits build the quintessential 60s mod look present for the majority of the film.



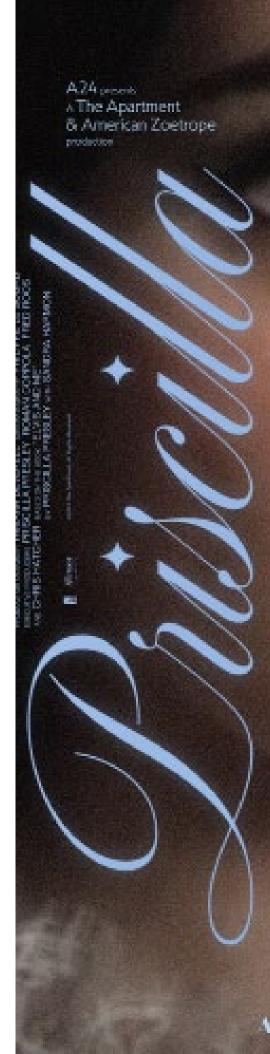
In a way, controlling Priscilla's look tethers her more closely to Elvis, an accessory to compliment the extravagant Presley empire. She often acts as a mirror for him, coordinating outfits to enhance his star presence. Now fully immersed in the grandeur, remnants of Priscilla's youth have been erased. Throughout a long-distance relationship and cheating rumors with his co-stars, Elvis has relied on Priscilla to be the loyal woman waiting for him at home. Much of the film reveals a lonely Priscilla aimlessly wandering around Graceland like a ghost.

She even begins to lose faith in Elvis' love for her, noticing the imbalance in effort. This deglamorization of their relationship peels away to reveal a girl who just wants to be loved.

As Priscilla comes to this realization after her affection is constantly swatted away, she decides to spend her time with her daughter, Lisa Marie, in L.A. Basking in the California rays, her fair skin develops a sunkissed tan, her cheeks are beautifully blushed with a peachy wash of color, and her hair has returned to a natural shade of brown. Most noticeably, her signature heavywinged liner disappears, signaling a return to her roots. When posing for the family portrait, Priscilla and Elvis no longer look like a coordinating couple, leaving behind the elements that "made" Priscilla a Presley. "You're losing me to a life of my own," she tells Elvis.



Coppola successfully uncovers lesser-known details of the deceivingly glamorous relationship; she beautifully depicts the isolation and turmoil within the romance that many women can relate to. MacNeil, Furey, and Battat support the film in its visual storytelling by combining hair, makeup, and wardrobe to amplify Priscilla's life transitions throughout her famous relationship with the King from Memphis. As the film concludes, she drives away from Graceland for the last time as Dolly Parton's "I Will Always Love You" plays in the background. Priscilla leaves behind the extravagant life of a Presley and slowly takes the road to reuniting with her fourteen-year-old self.



incoming Makeup Trends in 2024

Written by Eleanor Wynne Photographed by Lauren Falk Modeled by Ashton Diercks, Allana Hollins, and Chloe

Back in March, top designers debuted conceptual trends in fashion, hair, and makeup that forecasted fall/winter 2023/2024's most captivating styles. Emerging from a fall defined by warm, buttery yellows and rich cherry reds, winter '24 trends encourage ringing in the new year with eclectic, yet genuine personal flair.

After 2023's nonstop barrage of "clean girl" imaging, it's no surprise that the trend is rolling over into 2024. Clear, bright skin with minimal coverage foundation, natural brows, and a subtle, all-over glow dominated runways. The natural trend carried into nails and hair as well, with designers favoring nude or bare nails and models seen sporting their natural curls.

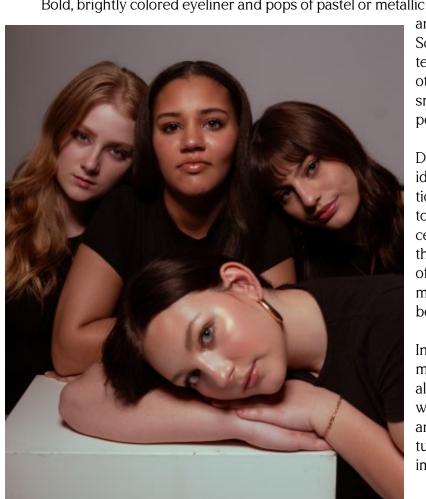
On the other end of the spectrum, graphic "soft-goth" makeup looks featuring eyeliner in dramatic, artful shapes drawn up-and-over the lid were often matched with deep red or black lips, leaning into a seasonally-appropriate vampy chic. Even these heightened looks were pared back with a soft, light-coverage base on the skin, merging the expressive performance of soft-goth with the effortless glamor of natural makeup.

Bold, brightly colored eyeliner and pops of pastel or metallic eyeshadow, swatched on or around the lid, created

an approachable gateway to both the past and future. Some runways favored sleek, futuristic looks characterized by sheens of metals like silver and gold, while others gravitated toward '80s-inspired newwave smears of color and shine. Regardless, the theme of personal expression reigned supreme.

Despite poignant undertones of self-possession and identity, top runways followed a long-standing tradition of limitation: diversity in size, hair-type, and skin tone is often more of a token than a fully integrated celebration of the uniqueness each person brings to the table. As per usual, it's up to us as connoisseurs of fashion and makeup to embrace these trends and make them our own, or else create ones that suit us better.

In light of current events, self-expression through makeup or clothing can feel horrifically selfish. It can also be a useful tool. By tapping into creative outlets we enjoy, staying vigilant of (but not reliant on) trends, and experimenting with new colors, shapes, and textures, we equip ourselves with the tools necessary to imagine and invent a more optimistic future.





A Woman's Rage

Written by Ellie Edwards and Caroline Sluss Modeled by Ellie Edwards and Jake Moreland

Many women have felt solidarity with the TikTok trend of women's rage. Videos have surfaced with audio clips of different women from different films screaming and raging. This platform gave women an outlet to share their experiences with men and the male dominated world, and their frustrations towards it. The #FemaleRage on TikTok has reached over 1.5 billion views and videos. Videos range from edits to movies that are inspired by female rage, or even women relaying their personal experiences. The trend, still going strong in late 2023, started off around March of 2023 with a video edit from user "bel-6va." From then, many edits, stories, videos have been posted and shared amongst a plethora of women. In today's society, we are told that being a woman is easier than it used to be, that we should be grateful for how much progress has been made. Don't get me wrong, women everywhere are grateful for our foremothers who brought us through women's suffrage and paved the beautiful path for our futures. But that is not to say that there is no room for more progress, more equality—continuing to pave that path for generations to come. When people talk about the major problems that women face in society, it stems from a clear place of sexism. Men tend to hash out passive comments with sexist undertones when they try to downplay a woman's success/ accomplishments. Men telling women that we're less than, it's not always right out front and clear but a lot of times sexism takes its form more subtly. For years, women in workplaces have had to claw their way through just to get a seat at the table. Even today, the wage gap between genders





Photographed by Hal Lueking

is baffling. According to the Pew Research Center, in 2022, women made 82 cents for every dollar a man made. It may not seem like a lot, but that 18 cent gap speaks loudly. Women are being underpaid because we are undervalued. It is hard for many women to only be able to stand by and watch these statistics and experiences happen, while no one has changed the system they built.

We are the ones who will make the change. It's difficult, but good things come from hard work. Women in all fields are dedicated and put their blood, sweat, and tears into everything. Say a woman works in an office where she's one of the few women —she most likely has to work a little harder and put in extra time just to be taken seriously. Or, all of the full time mothers dedicated to raising their kids, fulfilling all of the roles in their lives as well as their own. Even female college students and younger students face this harsh reality of having to work their best in assignments and projects because many men see them as not capable enough just because of their gender.

It is hard being a woman, and sometimes it is just nice to take a step back and appreciate the joy of being a woman in today's society, although still not the greatest, but to see the progression we have made from the earlier ages, but also allow yourself to be rageful of this inequality. Let yourself have that breakdown, cry for an hour in your car, scream, sing your favorite playlist, let yourself feel that rage. It's nice to know you're not alone and that being a woman has helped make a community outlet where we can all share our experiences and sympathize with one another, and just let everything out.

















Resurgence of

Shags

Written by Mindy Welland Modeled by Elisa Peters, Caroline Sluss, Lily Elcan, and Vivian Rodriguez Photographed by Mindy Welland and Elisa Peters

In a style reminiscent of the 70's and 80's, shags are becoming a haircut staple. Chopping off layers and layers at a time, this effortless hairstyle is easy to maintain and looks gorgeous. We can thank some of the best influencers of this haircut such as David Bowie, Stevie Nicks, and Joan Jett for the start of a world renowned trend.

When you think of a typical shaq haircut, you might be picturing wispy layers and bangs. However, no shaq haircut is the same. Some cuts have bangs across the forehead, while others follow a wispy curtain bang style. Both are still considered shaq haircuts, but the length and shape of the bangs add an emphasis on the face-framing layers we see in the shaq. In 2021, we saw the rise of the micro-bang trend, first worn by actresses such as Audrey Hepburn and Louise Brooks in the 50s. These types of bangs sit just about an inch from the hairline and showcase most of your forehead. Micro-bangs can add a fun and unique touch to the typical "shag" look and can grow out nicely into a longer bang.

Another trend we've been seeing is the combination between the shag and mullet, known as the "shullet." This style is another form of the modern mullet that is coming back into our current world of hairstyles. The "shullet" has sharply carved layers surrounding the ear and along the forehead near the eyebrows. Additional layers sit on the crown of the head to emphasize the voluminous mullet top. To achieve these sweet layers, both shags, mullets, and even micro bangs are typically cut using a straight-razor rather than regular trimming shears. This tool truly gives the cut a textured look full of volume.

Hair dye is another way to spice up your look. By dyeing a shag haircut, you achieve bold and brilliant highlights throughout the back, thanks to the hundreds of layers crowning your head. Most people with shags tend to dye their whole heads, however, adding color to just the bottom half of your bangs is a more subtle way to show a pop of color. The amount of style and cut opportunities shag haircuts provide is key as to why we've seen this increase of style since 2020.

However you decide to spice up your look, let's not forget the whole purpose of a shaq is to be a laidback, low-maintenance style. Most of these looks can be styled with minimal products, and still create a beautiful look! Stevie Nicks sports a bohemian shaq, typical of the hippie style, with long, wavy, layers. This is the most common form of the shaq, with it being the easiest to style. Joan Jett wears a "shullet," with eccentric layers at the top, usually styled with gel or thick styling cream. David Bowie shows us the definition of a rockstar punk mullet using little to no product.

Whoever it was who inspired the comeback of shags and layered cuts for you, we can thank them for this spunky and unique revival—shags are here to stay! Shag haircuts rose to fame in the 70's and 80's when several stars wore them. However, expect no departure from this livedin style, because this cut is easy to pull off and has an approachable low maintenance routine. From micro-bangs, to color, to a carved-out shullet, how will you style your next shag hairstyle?





Unplug. Disconnect. Plug in. These are cyclical movements we do on a daily basis. For a lot of members of Generation Z, the first thing we do in the morning is open our eyes and disconnect our phones from the charger. Once we are awake, we scroll on our phones that we are so tethered to. As a generation, we are quick to grab our personal cellular device and swipe through notifications, check social media platforms, and respond to the continual conversations that happened the day before. I know

I am definitely quilty of this recurring routine. While these tiny devices consume most of our daily lives, we cannot deny that they have made our lives significantly better. However, we as a generation have noticed a problem; we are so deeply connected to our devices that we need a break from the black mirror that is glued to our palms. This is why the movement of Atelier Expression is on the rise.

Atelier Expression is on the rise.

Atelier Expression is a term and movement coined by Worth Global Style network, also known as WGSN. WGSN is a recognized global authority and trend forecasting tool that shows changes in the global society. Atelier expression is the movement of stepping away and disconnecting from the overstimulating digital world. WGSN has recognized that our generation is changing and implementing new habits. Generation Z is so involved in the digital world and, for the most part, grew up with technolo-

gy. Some individuals of our generation are trying to

unplug from the internet and take up new hobbies.

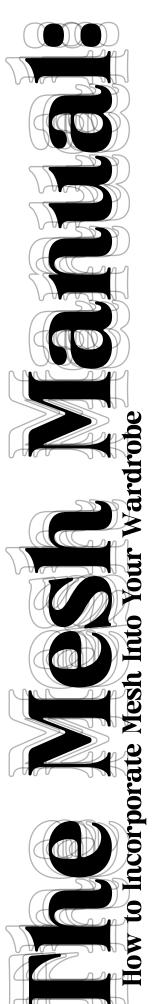
Generation Z wants to find hobbies that are more artistic, calming, and not overwhelming. As someone that is a part of this generation, I also feel a desire to disconnect from the internet. Personally, the internet might cause me to miss events happening in real life due to the continual notifications that happen on a daily basis. Some of the hobbies Generation Z are taking up consist of pottery, floristry, painting,

weaving, sewing, design, and hiking. These activities allow us to disconnect and find new creative outlets. Not only do these activities fuel creativity, they also allow for our generation to take up traditional crafts. This movement allows us to focus on improving our mental health and implementing healthy rituals that are self focused.

We can see this movement not only rise in our own social circles but, ironically, on social media. For exam-

ple, we see many people on TikTok that have taken up crocheting by making blankets and clothes for people making pottery. Some influencers who are leading this movement include: @davethelicious, @ angelo.mnsr and fashion brands such as Corridor. While our electronic devices are a powerful tool, it is important to take time for yourself and disconnect once in a while. At the end of the day, it is all about balance. However, do not forget to plug, disconnect, and unplug.





Written by Caleb Moll Modeled by Olivia Shipley, Mollie Williams, Nakaja Weaver, and Josie Anderson Photographed by Hal Lueking

Mesh garments have had such a huge impact on fashion in the last few months, mesh as a fabric of choice for styling will only continue to grow. Mesh is known as a "second skin" fabric due to the way it clings and hugs the body. The way the fabric drapes on the body is stunning and an easy way to add a subtle, but impactful finishing touch to an outfit. The fabric is typically sheer, breathable, and retains its shape even after it is worn. These specific qualities make mesh great for layering!

While mesh can seem very difficult to incorporate into your wardrobe, do not let that fool you! The perception of mesh varies from person to person. Mesh can be very intimidating, "too sexy," impractical, and or sporty. However, I think it can become a staple in your wardrobe! For example, living in the Midwest, mesh can seem very impractical, especially during colder months. Moreover, most mesh textiles are made of synthetic fabrics,, such as polyester, nylon, or spandex. As a result, mesh allows for heat to be trapped closely to the body—even with holes in the fabric! This stunning textile is great when it comes to fall and winter due to its heat-retaining quality.

One of the strengths of mesh when it comes to styling, is the versatility and ability to layer with everyday outfits. Here are some ways to

upgrade your wardrobe with mesh:

Casual Bottoms

A perfect way to style mesh is with casual bottoms you might already have in your wardrobe. You can style any mesh top with your favorite pair of jeans, maxi skirts, dresses, denim shorts, joggers, cargos, etc... The mesh adds a focal point and elevates a simple outfit!

Under Fashionable Tops

Fashionable tops are the easiest way to incorporate mesh into your wardrobe. Mesh tops are the easiest mesh pieces to find in stores and online. A couple of different ways to style mesh are wearing a mesh top under a graphic tee for a more edgy and street style aesthetic, pairing a mesh top with a bralette, corset, button up, vest, or bandeau for going out or more formal occasions, or styling a mesh shrug with a sporty top for a sleek, sporty athleisure look.

Dresses

There are several ways to style mesh with dresses. One of the easiest ways is simply taking a mesh top and layering it underneath a slip dress, a maxi dress, or even a statement dress with a funky pattern. However, for those who love a statement, a mesh dress can be a beautiful and elegant way to wear the material. I recommend taking a mesh dress and layering it with a color matched slip for

a "nude illusion" effect. This effect can be great for formal settings. You can also layer a mesh dress with a onesie to give the dress a more casual feel or to make the dress more sporty.

Under Business Wear

It can be tricky to make mesh work-appropriate. You can pair mesh with a nice tailored blazer, a button down, a crochet sweater, pleated trousers, or a dress vest to make the mesh elevated for work settings. Mesh can be made work appropriate when finding the proper garments for styling!

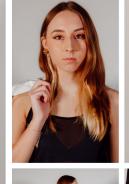
Mesh On Its Own

This is for those of you that are daring, confident, and willing to take a risk! While this method of styling can be adventurous, I believe that mesh on its own can be stunning on the appropriate occasion. This method of styling can be great when it comes to festivals, nights out, holidays like New Year's Eve, or even concerts. Some ways to style mesh on its own would simply be by wearing a mesh crop top, a mesh tank top, mesh set, or even mesh pants. Styling mesh this way can be bold and impactful.

While mesh may be very adventurous for some, this textile can be very versatile when it comes to styling and adding something new to your wardrobe! Hopefully we will see you try this new textile in the upcoming year!

MOLLIE













OLIVIA





JOSIE





























Fashion & Football

the trendy mix of 90s subculture soccer wear and sporty glam

Written by Mikayla Buneta
Photographed by Rishita Nannapaneni
Modeled by Natalia Cordero, Elisa Peters, Chris Pajda, Mikayla Buneta, and Natalie Kallen

Across the pond, the fashion community is bringing back football wear. Bright, club crested jerseys: the style incarnate of a 14-year-old boy who's been playing too much FIFA.

This aesthetic has been coined "bloke-core"—an interesting combination of fashion delicates and daunting athletics. Picture it: jorts and Adidas sambas. And iconic athletic brands are all too eager to capitalize on the hype. Adidas recently released amore coquette play on the ,OG 3 Stripe Jersey Short, revamping its staple product with a lace trim.

Since the 1800s, the intricacies of a jersey's color and pattern indicated the affluence of the team. Most teams started off with white short sleeves and knee length shorts. Designs weren't given a second thought until the English FA Cup became internationally popular, giving fans a reason to want a distinguishing factor for the team they're rooting for.

Since then, the jersey has been an economic upgrade for sports fans and stylists alike. It went through an array of alterations, including the jersey's bagginess or tightness, as well as the signature pattern on the side, such as stripes or diamonds.

The evolution of designs on jerseys serves as a means of combining the arts and athletics. Of course, it also appeals to the collector's hype. Diving into the history of textile development is a valuable lore to be versed in. Seeing how creativity can be stretched on a t-shirt is so interesting in the realm of the principles of graphics and media.

The public's access to these shirts leads to their casual reimagining. The jersey's roots in community and sportsmanship create an open mind towards combining it with any subculture you could think of. Notably, Bella Hadid and Kim Kardashian have been spotted styling jerseys. They are also seen in a variety of collaborations with designers and SP/SU 2024 runways.

There are no red cards given for wearing these out on the town. Despite their rich history in athletics, football jerseys can be worn casually, dressed up—or, of course, on the football field. An interesting feature to the fashion community for sure, and a great history of art behind it too. Rep a little sportsmanship and style a jersey, fair game!









Romanticizing the Winter

Written by Khristin Guardado Photographed by Molly Prichett Modeled by Bryesen Cooper, Daisy McDonald, Ellen Anderson, Mana Kanda, and Natalie Kallen

There's nothing like grabbing a warm cup of hot chocolate

from your favorite coffee shop, cozying up on the couch to watch your favorite holiday movie with your favorite people, and seeing the snow lightly fall over your house, coating the street in a blanket of white. Later, you'll don your winter coats and drive past houses gleaming in lights and holiday cheer. There's nothing like romanticizing the winter.

Once October ends and Mariah Carey defrosts, it's all about the holidays from then on. People begin to buy flight tickets, plan get-togethers, and pick new wrapping paper for the season. The instantaneous spread of joy idealizes the winter and

feeds into the marketing of the winter holidays.

As we ring in the holiday season and enjoy extra time spent with our friends and families, we dreadfully accept the cold weather and the end of sunny days that used to keep our moods up. Daylight saving time ends during this season, causing the days to feel shorter. With an earlier sunset and colder weather, Seasonal Affective Disorder (SAD), comes into effect. SAD is a type of depression that occurs with the change of seasons, which stops people from seeing the beauty in winter. According to Boston University, about 10 million Americans suffer from seasonal depression. The winter season shows how people struggle with their mental health and keeping a positive mindset during a somber time.

No matter what's keeping you down, remembering that your peace is valuable can allow you to enjoy the winter in your way. Admire the beauty of your city covered by a grey sky. Wear the winter clothes that express your style and identity. Watch all the holiday movies you love while drinking hot chocolate and making holiday treats with friends. Make it to the final stretch with your personal goals. Enjoy the moments with your family and friends. Feel your emotions and take care of yourself. It's all a part of romanticizing the winter.











Chappell Roan

A Midwest Princess Style Guide

Written by Rachel Mueller Photographed by Desiree Daos Modeled by Olivia Shipley, Autumn Adams, and Nakaja Weaver

Chappell Roan, born Kayleigh Rose Amstutz, from Willard, Missouri has risen to stardom with the release of her debut album The Rise and Fall of the Midwest Princess. The album, featuring 14 songs, is filled with ballads, break-up songs, and pop anthems about the journey to finally becoming who you were always meant to be. Her first single for her debut record, "Pink Pony Club", was released in April 2020 and received moderate success. However, the larger-than-life, queer pop powerhouse gained notoriety through her trending song "Casual." The song describes a person in a relationship labeled as "casual" but clearly is anything but. This sparked trends on TikTok of people sharing their own similar experiences while lip-syncing to the song. Anticipating the release of her album, Chappell released nine singles, some of the most notable being "Red Wine Supernova," "HOT TO

Amstutz's identity as "Chappell Roan" has been described as her drag persona. The name derives from her late grandfather, Dennis K. Chappell, and his favorite song The Strawberry Roan. Chappell's time spent as an independent artist inspired her to develop into a D.I.Y. pop princess. While on tour and in her music videos, Chappell sports bedazzled, beaded, and fringed leotards and lingerie that she upcycles by hand. This sort of thrift store-pop star attire is part of what makes Chappell's on and off-stage presence so endearing.

GO!" and "My Kink Is Karma".

Chappell Roan's unique style is on full display in her music videos, most of which are independently made by the singer and her friends. The music video for her single HOT TO GO! was filmed at several Springfield landmarks such as the Gillioz Theatre, the World's 2nd Largest Fork, and the Ozark Empire Fairgrounds. This homage to Springfield includes fans, local drag queens, and Chappell's own grandparents as backup dancers. In the video, Chappell sports a number of outfits at

different locations, the most notable of which being a deep blue, sparkly marching band-esque leotard patterned with stars and epaulette shoulders.

In her music, Chappell Roan acknowledges the struggles of being a queer person growing up in rural Missouri, while still embracing her midwestern roots. In an interview with The Washington Post, Chappell states, "There's a special place in my heart for queer kids in the Midwest because I know how they're feeling and I know how isolating it can feel." Chappell's music videos often feature characters like cowboys, clowns, and cheerleaders. In her video for "My Kink Is

Karma," Chappell and a character depicting an ex are wearing clown makeup, one dressed as a cowboy, and the other dressed as a devil. These characters present in her music videos, costuming, and songwriting are vehicles to help explore themes of alienation that queer people in the Midwest often experience.

In her music video for "Red Wine Supernova," Chappell falls for a female magician. The more she falls for the girl through the course of the video, Chappell's style changes from being reminiscent of 60s mod fashion to a glittery burlesque style. This costume transition illuminates a shift in identity into "the other." The video pushes this metaphor for queerness and even goes as far as to add an elderly woman with a yard sign reading "God Hates Magic," a phrase reminiscent of a common queer hate speech slogan. The themes in this music video highlight Chappell's learning to embrace and celebrate her queer identity.

Through her campy costumes and anthems of queer joy, Chappell Roan has managed to rise to stardom and capture her audiences' hearts. The Willard-born and bred pop star currently has over one million monthly listeners on Spotify and has nowhere to go but up.











Ageless Beauty

Written by Sarah Harbaugh Photographed by Sarah Harbaugh

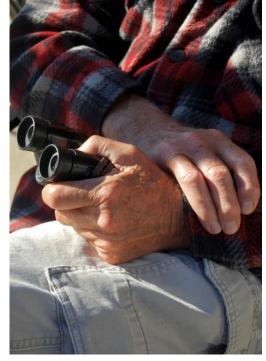
In modern media, fashion, and beauty content, it is rare to see diversity in age. Unless it is an advertisement for makeup that will make you look younger or take away wrinkles, older people show up less in beauty-related media. This diminishes representation for a large portion of the population. There is so much beauty in the aging process, and this photoshoot was designed to show this beauty in a raw, unfiltered way.

Ageism is the discrimination or mistreatment of someone based on their age. Ageism can be reflected in everyday life as well as in popular media. This discrimination can be subtle or direct, but it is not hard to spot in the fashion and beauty industries. These industries are notorious for making people want what they don't or can't have. They are also known to picture typically young, able-bodied, models with flawless features, excluding a large amount of the population. These audiences and demographics are left out of the advertisements but are still customers of many beauty products.

According to the US Census Bureau, nearly 1 in 6 people were 65 or older in the United States in 2020. That is over 55.8 million people. The population of older people has only been growing and, according to recent population trends, will continue to grow. In popular beauty advertising, older people are often portrayed only when they look younger than they are or when the product they are selling intends to

make them look younger. This media type is harmful and misrepresentative to nearly a sixth of our population. Proper representation is extremely important and gives people a sense of belonging. This does not even account for the rest of the underrepresented people in the media and beauty industries. People of all ages deal with misrepresentation in the media, creating a "grass is always greener" perspective. At any and all ages, there is an age or look that is unachievable but highly desirable. Fashion industries have often disregarded the demographic of older people unless they are health and wellness-focused. This lack of positive representation also highlights our society's obsession with looking and staying young. We focus on the young, fit people, assuming they have the most desirable life. However, being older does not, in any way, mean being lesser. This is a hurtful and stereotypical misconception about the older population. Brands such as L'Oreal Paris and Saint Laurent have had campaigns in recent years that highlight and showcase older adults. These companies have taken a step towards age diversity that many beauty and fashion brands are unwilling to take. This small but impactful change is helping the media more effectively represent older people. Older people are as beautiful and important as younger people. This must be represented properly in all media, especially those with as much outreach and influence as the beauty and fashion industries.



















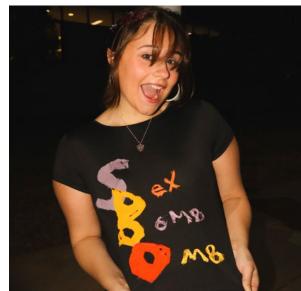
SCOTE PILETING TES

Influenced a Whole Generation of Teenagers

Written and Graphic Embellishments by Kaitlyn Patton Photographed by Rishita Nannapaneni Modeled by Alexis Loftis, Betty Sue Wiles, Ella Orlando and Kaitlyn Patton

If you've been on TikTok recently, you've likely seen people poking fun at the incredibly misogynistic, albeit very catchy song, Scott Pilgrim vs. the World Ruined a Whole Generation of Women by Negative XP. In this song, the artist complains about the "manic pixie dream girl" archetype that was pushed into the mainstream by the Scott Pilgrim graphic novels and movie. Despite complaints from people like Negative XP, there is no denying that Scott Pilgrim has had an enormous cultural impact since its initial release nearly 20 years ago, with pieces of Scott Pilgrim media continuing to be released today. The most recent Scott

Pilgrim release comes in the form of an anime, titled Scott Pilgrim Takes Off. With the release of the anime, no time is better than the present to reflect on the fashion trends that Scott Pilgrim and his friends have had an influence on since the initial release of the graphic novels in 2004.







Bryan Lee O'Malley's Scott Pilgrim series is the product of the time he spent in the Toronto underground band scene as an early 20-something and the types of people he met there. The cast of characters ranges from people with styles as simple as Scott, who is often seen sporting a band tee and jeans, to Ramona Flowers, who changes her

hair color to a different neon hue every two and a half weeks. Despite the diversity in style, the reader picks up on a lot of recurring themes in fashion choices.

A few of these recurring styles displayed throughout the various pieces of Scott Pilgrim media include bold haircuts and colors, as seen on Ramona, Knives, and Envy, statement accessories, like Ramona's bag and Envy's chunky jewelry and shoes, graphic tees, which we see Scott wearing in almost

every scene he is featured in, and pops of color, like the tights we often see Kim and Ramona wearing. The characters shown throughout the series are extremely quirky and colorful, and boast an array of unconventional outfits as the series goes on. Upon Scott Pilgrim's initial release, many were quick to praise and mimic the styles seen on its beloved characters. However, not everyone was a fan, and quickly, terms mocking these characters began to surface.

see it abbreviated today, describes unconventional characters, namely women, who sport eccentric styles like dyed hair, piercings, and quirky accessories. Since its first use, the term has been used to paint the people who fit under this alternative umbrella in a negative light. However, Gen-Z has seen a shift in this anti-manic pixie dream girl rhetoric.

We as a generation have come to embrace the brightly dyed hair and

alternative styles seen on people featured in media like Scott Pilgrim. The once seemingly outlandish fashion choices featured in these pieces of media have become somewhat timeless, with the same outfits shown in the original 2004 graphic novel Scott Pilgrim's Precious Little Life being featured in the 2023 animated series Scott

Pilgrim Takes Off, and managing to fit in rather seamlessly with today's style. These outfits, seen as somewhat "out there" or "alternative" in most circles at the time, have stood the test of time, and even become somewhat mainstream in today's fashion world.

Today, when we go out, we are bound to see more than one person sporting dyed hair or Dr. Marten boots. While alternative style has existed for centuries, the success of Scott Pilgrim has helped immensely in pushing this style into mainstream pop culture

and inspiring other pieces of art and media to do the same. The radical self-expression that Scott Pilgrim has inspired and Gen-Z has perpetuated is a trend that is rapidly growing, and that many hope to see continue for generations to come. Next time you contemplate whether or not to dye your hair a fun color or buy those platform boots, go for it! It's 2023, Scott Pilgrim is back, and it is high time to free your inner manic pixie dream gir!!



Before 2007, there was no official

Flowers or Envy Adams and their

style. This all changed when film

critic Nathan Rabin coined the

term "manic pixie dream girl" in

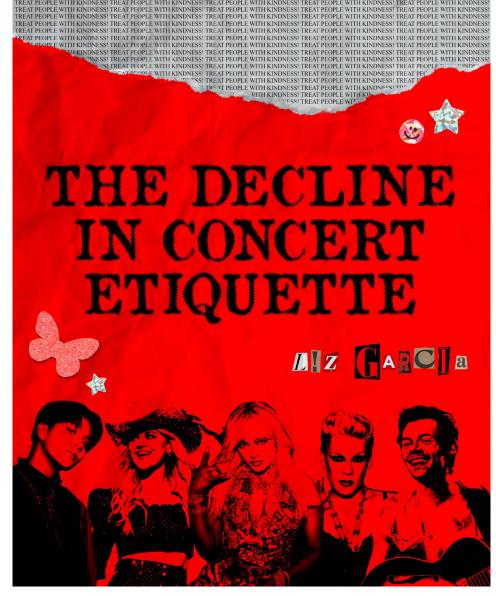
his book "My Year of Flops." And

thus, the modern day manic pixie

dream girl was born! "Manic pixie

dream girl," or "MPDG," as we often

title for characters like Ramona



Written by Liz Garcia

Graphic by Cole Vest

Alive and well in 2023, live music performances have never been quite as lively. With some of the most anticipated tours hitting stadiums this year, concerts have reached a new peak in the post-pandemic performing industry. Audiences, thrilled to be attending live performances with little to no COVID-19 safety guidelines, have easily gotten riled up at the seeming return to normalcy. From throwing items on stage to aggressive behavior in the stands, the noticeable change in concert etiquette has unfavorably altered artist and fan experiences at live events.

A major catalyst shifting the concert dynamic, Harry Styles' Love On Tour undeniably changed concerts and the relationship between performer and fan. After being postponed until 2021 due to COVID-19, Love On Tour was one of the first shows to hit the road again during the recovery stages of the pandemic. Styles' flamboyant charisma and unique, engaging style of performing fostered an eclectic space for an exhilarated audience to thrive. The show quickly became highly interactive: it was par for the course for Styles to spend talk breaks conversing with a front-row-fan or reading a sign, even helping some come out as gay or propose to their partners. All in an attempt to perk his attention, fans inadvertently built an intimate concert environment with their creative methods to be noticed. Harry Styles embraced this newfound community after an isolating lockdown brewed a disconnect between everyone; thus, the new era of concerts was born.

Now that fans are no longer solely spectators of live performances, this unique demographic of participatory audiences are what many artists perform to now, embraced or not. Lately, concerts have become unsafe spaces, particularly due to items being thrown on stage by fans, putting artists' physical safety at risk. At a show this summer, Bebe Rexha suffered a black eye and stitches after a phone was thrown at her during a concert in New York City. Only a month earlier, country singer Kelsea Ballerini had been hit in the eye by a bracelet on stage. Most shockingly, a fan tossed Pink a bag filled with their mother's ashes on stage. These incidents are only a few in a long slew of unusual fan behavior.

Following the recovery stages of the COVID-19 pandemic, social distancing and safety guidelines no longer appeared to be a priority. Finally escaping the confines of lockdown came with a new sense of freedom—audiences are elated to exist in public spaces again. The gradual return to pre-pandemic conditions has eliminated these barriers; coupled with a severe case of parasocial relationships and an Internet addiction, concertgoers selfishly sacrifice the diversion of live performances for viral moments. Now that celebrities are more accessible than ever, this new era of concerts beginning with Styles creates an in for fans to get the attention of their favorite artist. Moreover, TikTok has played a large role in sensationalizing abnormal behaviors for a potential sliver of fame. The fan responsible for throwing his phone at Bebe Rexha claims he was simply trying to get the singer to take a selfie during the show, a trend that started on TikTok.

The interpersonal relationship between concertgoers has further sprouted new dilemmas. Fans on social media are getting aggravated by normal concert behavior like dancing, passionately singing with the artist, or trying to film a video. It's common to find rants on social media complaining about other attendees' behaviors.



In this TikTok video, a girl is seen ripping a sign from the hands of another fan for blocking her view. Some comments even go as far to criticize others for singing loudly or dancing.

ajo	nghtopia			•••
		ls r so annoying like j IM TRYNA HEAR MY	ging n th	iese
4:10 PM · M	lar 8, 2023 - 81 Vie	ews		
Q	tı	♡ 5		₾

There are inappropriate mannerisms that can disrupt the enjoyment of live performances, but expecting a hyper-individualized experience in a public setting is unreasonable. Due to lockdown being such a unique, isolating event, individuals may crave a tailored perspective at such an emotionally-charged event. Additionally, oddly-specific viral concert videos trick people into thinking every show will have some unmissable moment. So, people try to control every aspect of their experience to recreate that picture-perfect moment on social media. In reality, these clips are filmed by the lucky few with perfectly-aligning variables: front row seats, razor-sharp camera quality, and the moment someone's head wasn't in the shot.

Attending a concert is a fun, memorable experience. Being fully immersed in a creative environment cultivated by the artist and populated with other concertgoers who share an affinity for music is a powerful feeling. Concerts should be safe havens for audiences to escape reality and connect with the artist as they perform. Out of respect for all artists and fans, audiences should be more thoughtful of their actions. Inappropriate behavior, like throwing items on stage, disrupts the concert and puts the safety of the artist at risk. Likewise, selfish attitudes take away emotional experiences from other concertgoers. Concerts should be a celebratory place where everyone is unified through their personal connection to music. In the words of the man who pioneered the post-pandemic concerts we attend today: treat people with kindness.



Written and Styled by Alexis Loftis Photographed by Jake Moreland Modeled by Lilly Templeton, Alyssa Rooney, Desiree Daos, and Alexis Loftis

If you've ever needed a last-minute, one-of-a-kind gift, look no further than Relics Antique Mall, located at 2015 W Battlefield Rd in Springfield, Missouri! Relics is the largest antique mall in Missouri, sitting at 90,000 square feet. This antique mall is a personal favorite of mine and a place I recommend to everyone. With all that space, you are bound to find anything you can imagine—they truly have everything. Relics has over 600 booths containing collectibles, clothes, decor, and much more. There is something there for everyone.

This Relics Antique Mall was opened in 2010 and is their third location. This store is owned and operated by Beverly Robb and her husband. Mrs. Beverly told me their business started like a lot of people—an idea she had in college. Her friends and herself had a passion for antiquing and they loved collecting little things for their apartment. They just loved the decor in their apartment and realized that this could become much more than just collecting. Mrs. Beverly's love of antiques paired with being a broke college student became a perfect combination to open an antique store. Relics also has an event center located on the west end of the mall. They put on a variety of events, from weddings to karate tournaments. This event center came to fruition a couple of years after the business opened.

In Relics' labyrinth of booths, there are many fashion items! It's a perfect place to shop for those interested in vintage clothing. I asked Mrs. Beverly if she was more passionate about the many different clothing or if she was more interested in the vintage

items from antiquing. She is definitely more interested in the item-based part, however, she does love and typically wears vintage clothes. She states, "Going back to the fashion aspect though, I mean, I do buy and wear vintage clothing. I love it! I have been doing that since college." Leading into our conversation about the products in Relics, I asked her if she had noticed how there has been a shift in Relics' customer base. She shared that she has undoubtedly noticed a shift and that since moving to this current location, she believes the mix between older and younger customers is about 50/50! Even i've noticed the more and more I go there the more I see people my age, everyone is getting in on antiquing!

One of my favorite aspects of Relics is the bargains. I have found amazing clothing pieces that would be hundreds of dollars online. You can also find such unique clothing pieces and decor at an affordable price, which is perfect for college students. One of Beverly's favorite booths is a dealer that has been with them since they opened. This dealer's business motto is that "she buys low and sells low." Every time you visit her booth, you are guaranteed to find a deal. If you ever get a chance to visit Relics, you will see this motto reflected in several of the booths. Moreover, if you want a little bit of extra money you can also sign up to be a dealer at Relics! They are running a waitlist now, but you can still ask to be put on the list. The booths vary in price and size, from as small as four feet by eight feet to as large as twenty feet by twenty feet!

Sustainability is also an important aspect of antiquing. The act of reusing is something we all need to practice to help the environment.,

"We were green before anyone else," said Robb.

Robb believes revamping and reusing products is very important for her business. She referenced an image she saw that she shared on their Facebook page: a field of miles of piled-up clothes, some still with tags on them. Beverly voiced that she believes all those clothes

wasted and damaging the planet is a crime and that if you buy used, you would be saving the environment. We ended our conversation with some antiquing tips! A direct tip from Mrs. Beverly is to "buy what you like and don't wait to buy it, because when you come back it probably won't be here." Relics is an amazing business with an amazing staff. Helping the environment by promoting recycling amazing clothes and sustainable behaviors. Plus, you get a ton of rare items out of it! You should definitely stop by and experience it in all of its greatness!













Yoga & Pilates

Written by Jona Harders Modeled by Alayna Love, Ashton Diercks, Jona Harders, Kait Patton, and Parker Buzbee Photographed by Lauren Falk Graphics by Kait Patton

I am a part of Gen Z and I am influenced by the internet. I see what is trending and what other people are doing. Social media influences me a lot! I cannot stick to one hobby! Time is limited and I have many interests. As a part of Gen Z I identify with these statements, and if you do too, keep reading!

In our world, it is hard to keep up with a hobby if you are not immediately a pro at it! We are constantly comparing ourselves to others due to social media. We can probably catch ourselves scrolling through Tik-Tok for hours, stockpiling hundreds of ideas for DIY projects or recipes we want to try next. In the end, none of it gets done. Moreover, we are wasting time on a platform that makes young people feel miserable. The thought that we are unable to master almost everything makes some people feel lazy or unaccomplished.

An alternative to trying almost every activity or hobby possible is simply sticking to one that combines a few of your strongest interests. For example, you can take advantage of the versatility of effective and stress reducing sports. A good way to do that is committing to yoga or pilates. Unlike other trends on Tik-Tok that rise and fall, pilates is a lifestyle, not a short-lived trend. Pilates is an appealing fitness style for everyone!

Hot Pilates, HIIT Pilates, Reformer Pilates, Stott Pilates, Winsor Pilates, Clinical Pilates, Classical Pilates, and more methods are constantly flourishing.

To decide which of the many types of pilates could work for you, here are four types to start off your journey:

Mat Pilates

Perfect for beginners to start their new experience slowly and with confidence! This type of work-out provides a great introduction to the basic movements of pilates. The only thing you need is yourself and an exercise mat.

Contemporary Pilates

A go-to workout for people who want a combination of classic Pilates moves and other types of movement. Options include combining pilates and dance or pilates and yoga.

Reformer Pilates

Kim Kardashian, J.Lo, and many other stars and celebrities are using this method. Why not give it a try? Training with a reformer machine creates resistance and increases the intensity.

HIIT Pilates

If you love high-intensity workouts, this is perfect for you! The combination of pilates and cardio creates a good balance for the body, burning calories and building muscle at the same time.

Another way to create a healthy and consistent fitness lifestyle is by doing yoga.

These days, there's no limit to the number of ways you can practice yoga! Why not try an outdoor yoga class? Whether it's held in the forest, parks, beaches, or in your yard, this could bring the practice of yoga and nature-based mindfulness closer to you. There is so much more to try.

Hot Yoga

A combination of heat with dynamic poses that will challenge your flexibility, increase detoxification, and improve cardiovascular endurance.

Yin Yoga

Provides a calming and introspective workout. The goal is to focus on passive poses held for several minutes. This targets the body's deep connective tissues. Yin yoga aims to boost mindfulness and relaxation by using equipment such as blankets, bolsters, and blocks.

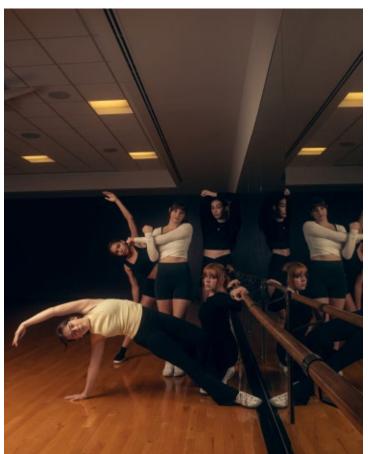
Paddleboard Yoga

This is for yoga lovers that are comfortable being on the water. Trying new poses on a paddleboard floating over water is a superior practice for balance and core strength.

Dog Yoga

Enjoy practicing with some furry friends. Dog yoga offers a lovely and lighthearted adventure. This style is a great way to release stress and reduces anxiety by creating a stronger bond with your pet.

The diversity of Pilates and Yoga is endless, so why not give it a shot.























Purple Parsuasive Impact of Purple

Written by JJ Allen Photographed by Daisy McDonald Modeled by Alex Ring, JJ Allen, Vivian Rodriguez, JD Downing, Jake Moreland, Ellie Edwards

The color purple has transcended eras, cultures, and trends, leaving an impressionable mark in the realm of fashion. Historically linked with opulence, luxury, and power due to its rarity and association with monarchs, purple has evolved to embody a spectrum of meanings, becoming a symbol of spirituality, individuality, and innovation. Its influence spans beyond mere aesthetics, shaping trends and expressions in diverse creative fields.



ccite Colomo

The Influence of Purple in Fashion:

From ancient times to modern runways, purple has graced fashion collections, symbolizing prestige and uniqueness. Royalty in various cultures, including the Roman emperors and European monarchs, flaunted purple-hued garments, setting a precedent for its regal aura. In contemporary fashion, designers continually draw inspiration from this hue, incorporating it into haute couture and ready-to-wear collections. The versatility of purple allows for a wide array of interpretations, from deep, majestic shades to vibrant, playful tones, ensuring its everlasting presence in fashion cycles.

Impact on Jewelry and Accessories:

Purple gemstones, notably amethysts and sapphires, have held a revered status in the world of jewelry. Amethysts, with their enchanting violet hues, have adorned crowns, rings, and necklaces throughout history, symbolizing wisdom and clarity. The enduring allure of purple gemstones captivates contemporary jewelry designers who craft intricate pieces, while accessories like scarves and handbags incorporate purple tones, adding sophistication and allure to any attire.

Conclusion:

The color purple stands as a testament to its enduring influence on the worlds of fashion, jewelry, accessories, and interior décor. Its rich history, diverse symbolism, and versatility continue to inspire creativity and innovation among designers and creators globally. As trends evolve, the allure of purple persists, weaving its captivating charm into the fabric of our aesthetic expressions and design sensibilities.

As the color purple continues to captivate hearts and minds, its journey through the realms of fashion, jewelry, and accessories remains an ongoing narrative, promising continued inspiration and creativity for generations to come.





The Long-lasting Timeline



Written by Ashlyn Sorells Photographed by Kadence Schaecher Modeled by Alex Ring, Alexis Stutte, Courtney Skornia, and Kya Wilson

In the realm of fashion, we tend to see certain fabrics and patterns that have persistently stayed in style. Lace is one fabric that has withstood many transitional fashion periods and has yet to lose its lasting reputation. Lace is a fabric that can hold many contrasting meanings simply based on the color, pattern, and how it's worn.

Lace has prevailed in the fashion world and continues to maintain its timeless stature. This sheer cloth first became popular in Europe during the l6th century.

Lace wasn't made out of cotton until the 19th century—before this, linen, silk, and gold threads were used to create lace. Constructing lace used to be a more complex process than it is now. which contributed to its luxury status in the fabrics' early years. Typically, people of high status were the only wearers of this weblike fabric: "Members of royalty, the aristocracy, and the Catholic Church were the main consumers for fine laces." Both men and women, at this time, were consumers of this fabric.

However, men stopped wearing lace and the fabric was more frequently made by machine, which were main causes of its decline in desire. Because of this, lace became more affordable during the 19th century which increased its popularity among common people.

Depending on the color of the lace along with where and when it is worn, the fabric can signify many different presumptions. White lace has historically projected the idea of "innocence and purity," this being the basis behind the common use of white lacy materials for wedding dresses and veils. In contrast, black colored lace naturally projects the opposite ideas. Lace cloth-

ing items, mostly consisting of black lace, are being incorporated into quintessential night-life attire. Both black and white lace fabric, along with colors such as pinks and reds, are currently worn in all different types of settings.

Clothing items created out of lace fabric can fit many different styles and aesthetics. Lace tops, whether they are long sleeve, tank top, corset style, or even just short sleeve, have endless possibilities when it comes to styling. Depending on the cut and color, lacy

tops pair well with most pant and skirt styles. Pairing these tops with a basic black mini skirt is always a go-to, of course. Certain lace clothing items also have the potential of being a new cherished layering piece. Donning a long lace skirt overtop another solid colored skirt adds a fun pop of color to the ensemble, while maintaining a modest look. Lace patterned tights or long socks can add more excitement and detail to a rather muted look. Lace ribbon used as neck attire, laced through a pair of sneakers, or even most simply, tied

into bows at the ends of pigtail braids, are a few small ways to add depth and intricacy to an outfit.

The fact that lace has stayed in style this long is quite telling of its aesthetic beauty. Garments and accessories constructed out of lacy material are timeless pieces that I believe belong in any closet. Because there are so many different color and design options, it has the ability to fit any and all aesthetics. This fabric is not only versatile and easy to style, but it also brings in texture variety and creates needed contrast in a simple look. I believe any outfit could use a little lace—and I challenge you to take on this simple task!



Between the East and West: Makeup Trends Across Cultures

Written by Mikayla Buneta Photographed by Mindy Welland Modeled by Halle Kory, Autumn Adams, Mana Kanda, and Sophia Farnan



After that harrowing dip into clumpy concealer and dark-alley run-in with chalky eyeliner, a seasoned makeup-wearer has earned the right to experiment. Create a dark-eyed look, a pop of color with bold eyeshadow, or heavy blush and fake freckles—the possibilities are endless.

Makeup is ultimately used for expression; to accentuate and enhance unique features. It has a range of purposes, its major use is accentuating or altering a person's features. Depending on where you place your contour or blush, you can construct your face completely differently. That being said, there will be styles of makeup that support and bring out your features.

This can be shown through the investigation of make-up styles across cultural phenotypes. In East Asia, makeup artists have perfected a style that enhances ethnic features like monolids, high nose bridges, and cheekbones. It is popularly known as "Douyin," coined from the Chinese name of Tiktok. Similarly, in Korea, the K-beauty style revolves around the impression of effortless makeup, but called "Eoljjang," translating

to "best face." Think of glassy, sheer foundation, airbrushed rosy cheeks, and flushed lips.

A key difference between American and East Asian styles is the choice of certain enhancements. For the base. Americans like a bronzed look that darkens the skin and adds warmth. Conversely, Asians tend to lighten their base, with porcelain skin being seen as admirable. In the West, we tend to dislike our eye bags and cover them up with concealer. But on the contrary, the East will highlight and contour what they call these eyebags "aegyo-sal:" baby eye fat that makes the eye look larger and cheerful. The Western eye look tends to be dark, cat-like, and long with pointed eyeliner. The West isn't afraid of a bold look, using bright colors and concealers to cut in intricate designs. While eyeliner is still used in the East, it is executed in a softer tone, with thin, short, downward-pointing strokes to create the appearance of an innocent, puppy-like look. More organic colors like blush pink and neutrals are used, along with stamping copious amounts of glitter around the tear duct, eyelid, and eyebags.

What sparked these cultural differences? When looking back at historical eras, the climate, culture, and resources of Europe and Asia are, of course, very different. For Korea, it dates all the way back to 57 BCE There became a desire to look healthy. Despite wealth or status, anyone within the Kingdoms could use skin care and makeup practices. Products like face powder, eyebrow ink, and blush were invented during this time. As society developed, socio-religious practices like Confucianism, the idea of inner beauty, was heavily internalized and in turn influenced East Asia's minimal use of makeup. On the contrary, America's defining practices of makeup started to be very restricted to the social classes. Especially in the 1920s, when glamour and film was on the rise, dramatic eyeliner, dusky eyeshadow, and a bold lip was highly respectable and

desired. As the "melting pot" of America developed, ethnic distinctions of makeup styles became influential for the current trends we have today.

The comparative styles between Eastern and Western cultures are no competition. Each has left their own distinctive mark on the development of makeup and beauty. Despite the standards of beauty each culture has constructed, style techniques can be mixed and matched to be suited just for, ultimately, you! Don't worry about following a certain style, but follow what makes you feel the most comfortable. Whether you like a soft dewy look like Jisoo or bold pops of color like Emma Chamberlain, makeup is for all and limited to none.







Glam Rock: Now and Then Node:

Writen by Alyssa Roney Modeled by Hadley Berry, Alyssa Roney, Cole Vest, Emily Mettlach, Chloe Holt, and Sierra Ball Photographed by Britney Spangenberg

From the start of the 21st century to the time of this article's publishing, the chasm between the present age and the 1970s will have widened exponentially. We have become postmodern, and a brick wall may as well separate "post" from "modern." This same wall divides our world from the world of our parents and grandparents. Their ways have become too antiquated for our bolder, brighter world. We seek to isolate the more charming aspects of this past, i.e., fashion, while discarding what we deem too problematic.

What we often neglect to realize, though, is that the fashion statements serving as blueprints for modern trend cycles didn't happen in a vacuum. When David Bowie donned his iconic flaming red mullet and deviously tight jumpsuits to become Ziggy Stardust a little over 50 years ago, he showed the world that androgyny was the new sexy. Hand in hand with glam rock pioneers like Marc Bolan of T. Rex, Bowie became a neon beacon of light in the same past that we hold with such malcontent.

Gender nonconforming individuals may look upon this era with a sense of adulation, feeling their presence in a more conservative past. Glam rockers, including Lou Reed, The Runaways, and Iggy Pop, found inspiration in the velvet underground of their day, where queer people gathered in hidden bars. It wasn't until the explosive Stonewall Riots that their culture skyrocketed to the forefront of the American consciousness.

rockers, elements of this culture were commodified and fractalized in both discotheques and sweaty concert halls. Under warm spotlights, the schoolboy faces of glam rockers were adorned with glittery blue eyeshadow, glossy fuchsia lipsticks, and a deep blush that seemed to pop off of their sullen cheekbones. Every component of it screamed, "Look at me! Hear what I have to say!" And we listened. Young folks in the U.K. and the U.S. blurred gender lines with more intensity, bra-burning infernos tindered by long, gendlerless locks and denim pant suits.

In this photoshoot, we incorporated elements of this makeup and clothing style with Y2K couture. Namely, the androgyny of 1970s and '80s glam rock were photographed with the paparazzi pictures, capturing both the thrill and scandal of celebrity culture. By photographing these looks in a (post)modern light, we reflected the desire to see such risks taken by contemporary artists.

What glam rockers realized, and what modern musicians fail to realize is that hegemony is meant to be toyed

at. Though the singer-songwriter has seen a creative resurgence with Olivia Rodrigo, Lewis Capaldi, and Taylor Swift, artists are afraid to move outside of dictated norms. One of With help from mostly white, straight—the few artists who does challenge the status quo is Janelle Monáe, who pushes creative boundaries with their genre-bending music and style. Like glam rockers of the past, we have no idea where she will go next; perhaps she doesn't either. As happens so often, though, their presence has been pushed aside in favor of similarly talented but, nonetheless, white artists, including Lady Gaga. One of Gaga's biggest fashion inspirations, in fact, is Bowie: she would go so far as to perform a moving tribute at the Grammys following his death.

There are those who say the dream of the 1960s died in the following "me decade." Desire for social change was guenched when opinion leaders were killed and collective imagination died in their wake. However, if there's one thing that glam rockers taught intensity and rawness of early 2000s us (and one thing we hope to portray with our models) it's that with a bit of glitter polish on a beckoning forefinger, the public can be drawn into a better, more creative future, if only we follow.



















S A R T Ø R I A L

MISSOURI STATE UNIVERSITY FALL 23



THÉ RESURGENCE OF SHAGS PHOTOGRAPHED BY MINDY WELLAND | ELISA PETERS